

Donna Sheehan

I Am Me



Book 1

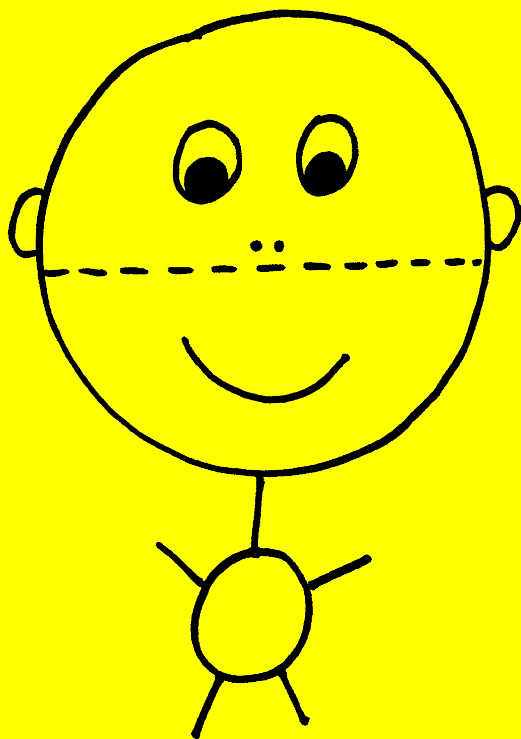


I Am Me

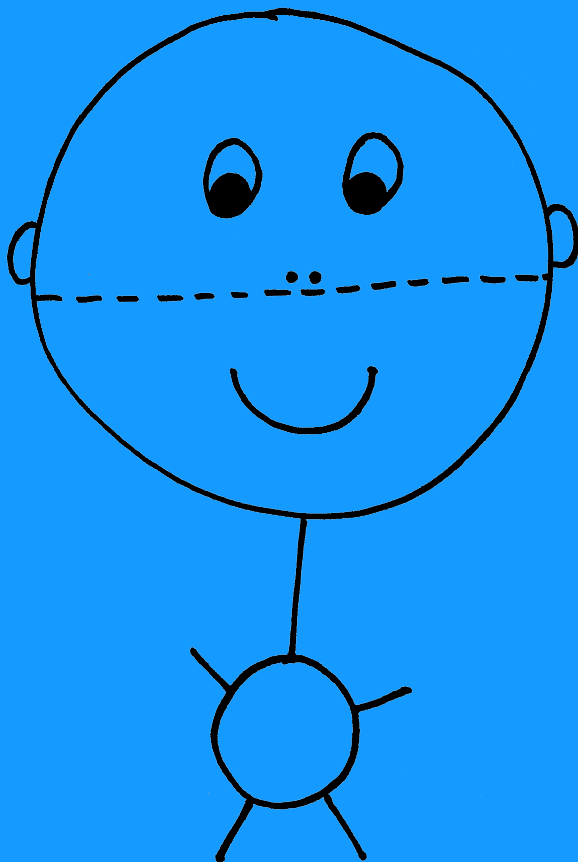
Book 1
"My Thinking Mind", Series 1

Written and Illustrated by
Donna Sheehan ©2007

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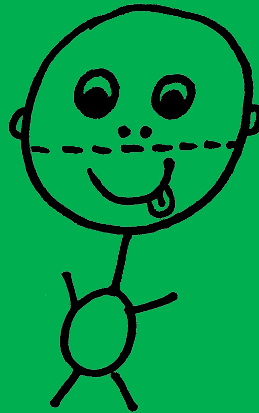
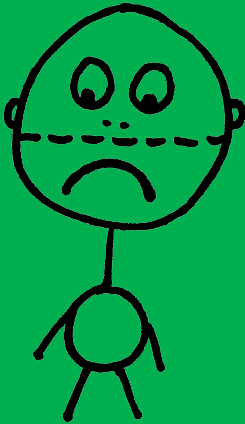
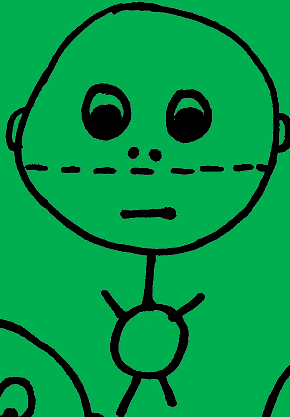
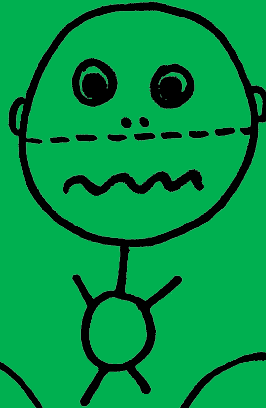
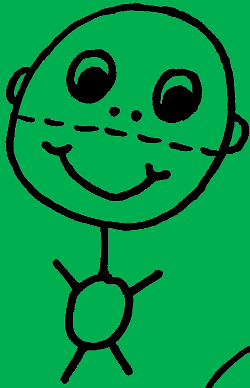
I am me.



All of me.



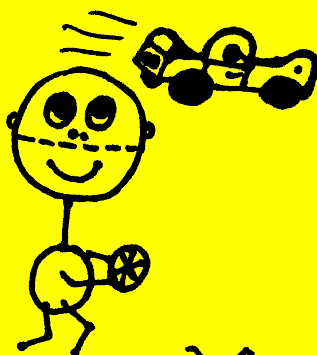
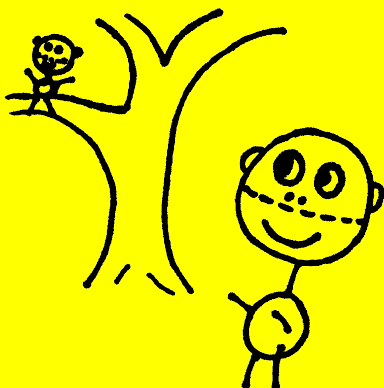
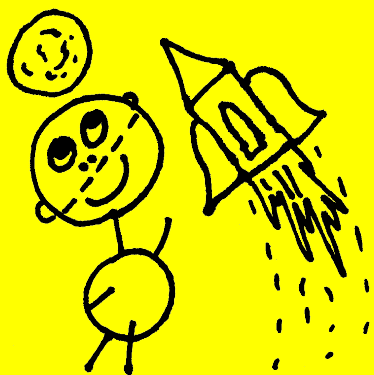
All that I do...



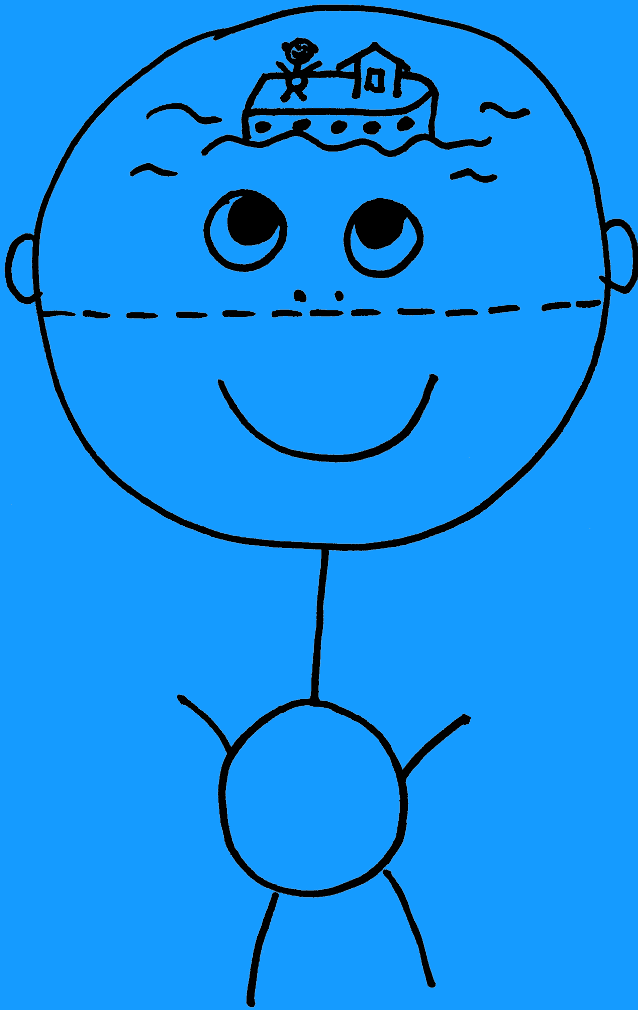
All that I feel...



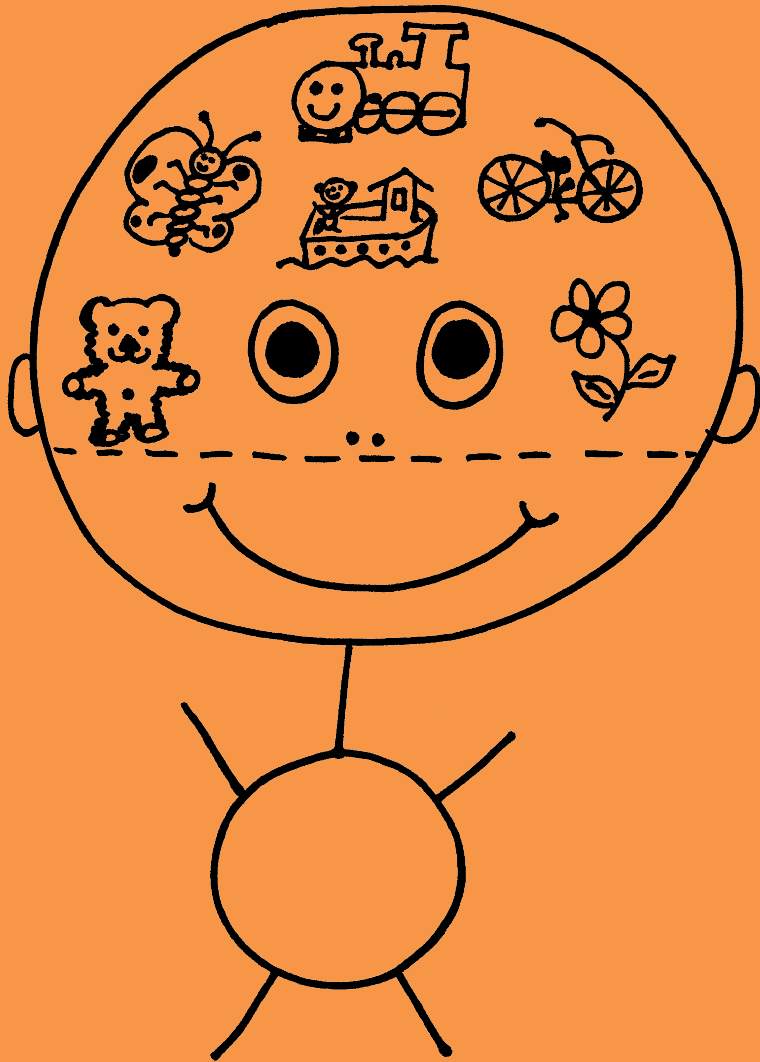
All the ideas that
I think...



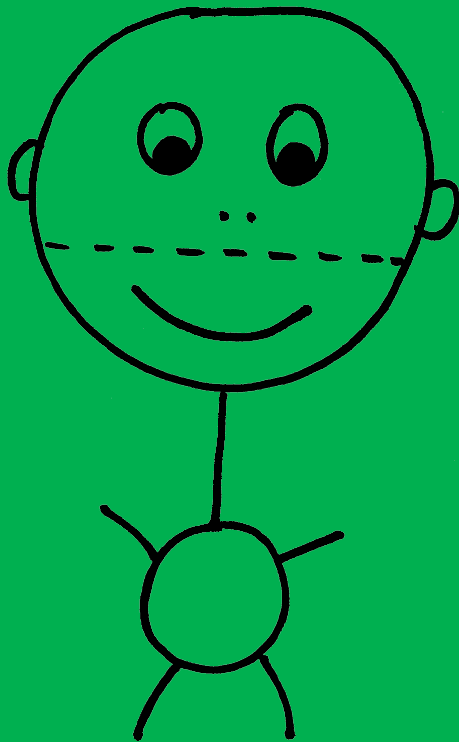
All that I dream
and imagine.



If I think about
the things I want
to be...



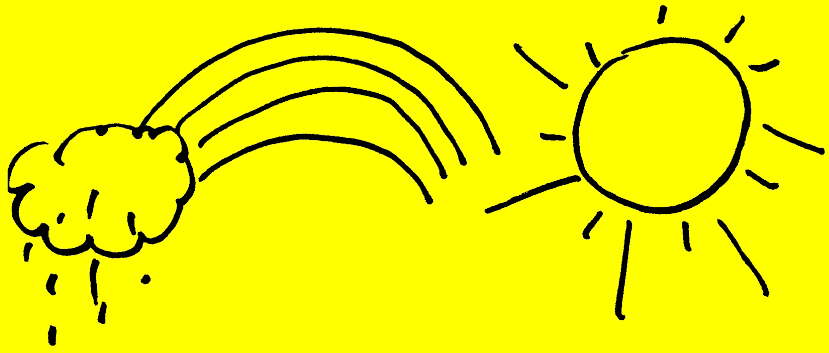
If I think about
the things that I
feel happy, funny,
cuddly, clever and
proud about...



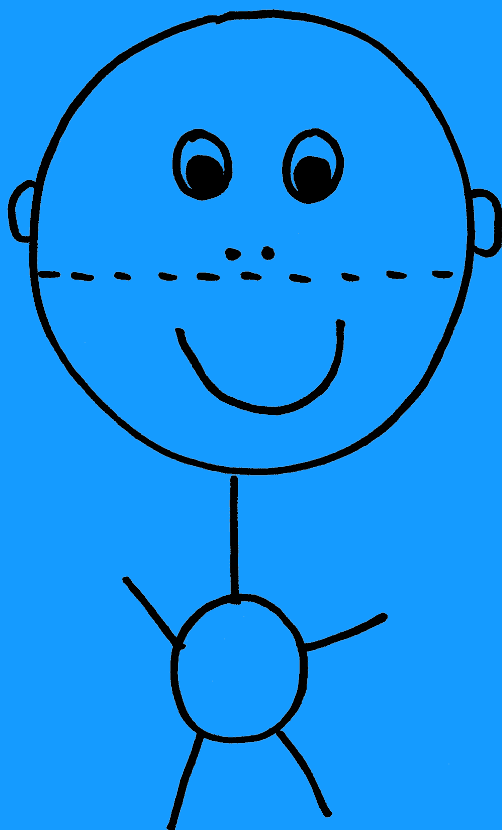
Then I will be...



Everything I want
to be,



For always.



Just by
being
me.

These books encourage the development of a positive self esteem, self responsibility and goal setting.

They are best read, at least at first, from 1 thru to 5 as the principles build on one another as the books progress.

The more they are read the more familiar the processes will become. Read them every day and these positive and productive thinking processes will become habit.

I expect for you, happy thoughts about yourself and that all your dreams come true.

Donna Sheehan

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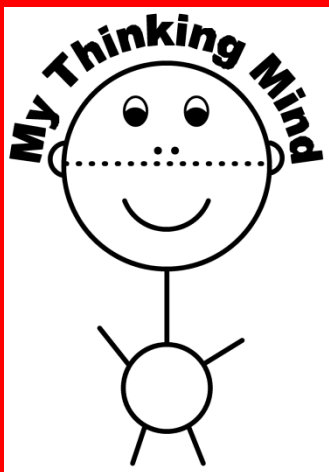
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These books were inspired by the teachings of Bob Proctor, the phenomenon that is 'The Secret' and by the mind stick figure originated by Dr. Thurman Fleet in 1934.
Thankyou.



"My Thinking Mind" Series 1:

1. I am me
2. Be happy
3. My mind and me
4. Decide what you want
5. Changing your mind

Written and illustrated by Donna Sheehan.
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